

Good things become unhealthy when they never let us _____.

THE PRESSURE IS REAL STATS

- Only ____% of employees worldwide are thriving in their overall .
- 40% experienced significant the previous day.
- 30% of women and 25% of men say they very often or always feel burned out at .
- Burnout grows where there is unmanageable and unreasonable time pressure.

Jesus does not just call us to _____. Jesus calls us to make _____.

God commanded _____ because He knew our schedules would become .

What stands out to you most in Haggai 1:5-6 NIV?

MAKE ROOM THIS WEEK

- 1.
- 2.
- 3.
- 4.
- 5.

Further Study

Mark 6:31-32 NIV Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, “Come with me by yourselves to a quiet place and get some rest.” So they went away by themselves in a boat to a solitary place. 🎯 Goal: Make room in your week for rest with Jesus.

Deuteronomy 16:13-15 NIV Celebrate the Festival of Tabernacles for seven days after you have gathered the produce of your threshing floor and your winepress. Be joyful at your festival... and your joy will be complete. 🎯 Goal: Protect space for joy instead of letting your schedule crowd it out.

Haggai 1:5-6 NIV Give careful thought to your ways. You have planted much, but harvested little. You eat, but never have enough. You drink, but never have your fill. You put on clothes, but are not warm. You earn wages, only to put them in a purse with holes in it. 🎯 Goal: Look honestly at where your time is going and what it is producing.

Psalms 90:12 NIV Teach us to number our days, that we may gain a heart of wisdom. 🎯 Goal: Ask God for wisdom in how you spend your days.

Matthew 6:33 NIV But seek first his kingdom and his righteousness, and all these things will be given to you as well. 🎯 Goal: Put God first in your schedule before everything else fills it up.

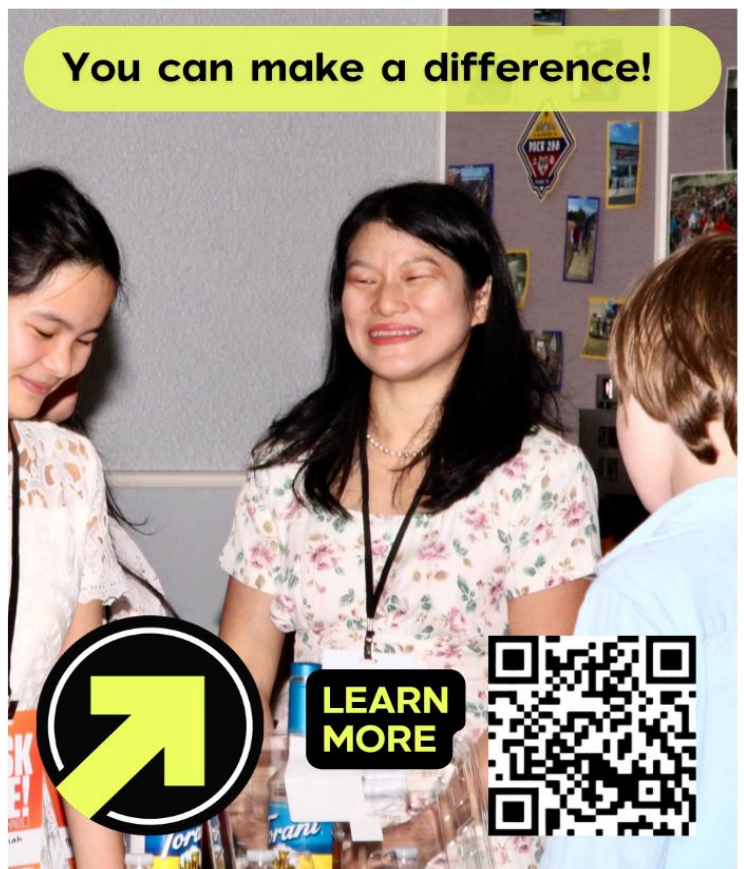
Ephesians 5:15-16 NIV Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil. 🎯 Goal: Use your time intentionally instead of letting it disappear.

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